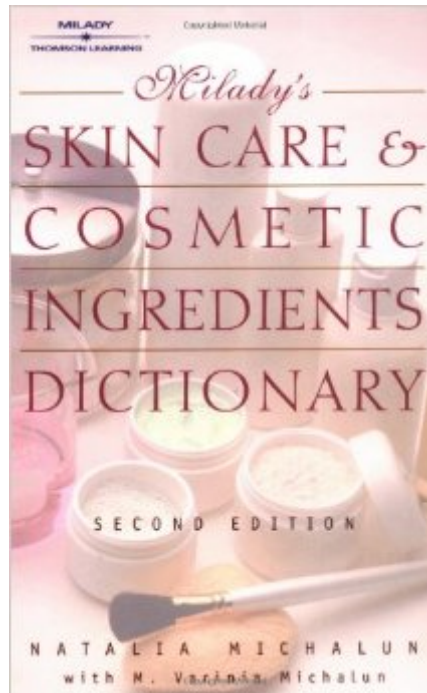


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# Milady's Skin Care And Cosmetic Ingredients Dictionary



## Synopsis

The second edition of this thorough reference is an invaluable tool for assessing cosmetic products, addressing both the quality of the product and the effect it has on the skin. Since a product's ultimate purpose is to benefit the skin, it is crucial to have an understanding of how the skin works, how and why a product may or may not penetrate it, and what care individual skin types and conditions may require. It is difficult to discuss product ingredients without correlating product performance to skin function. An expanded section on skin physiology and chemical concepts enables the reader to better understand product performance through a thorough explanation of how chemicals and ingredients interact. The various skin types, conditions, and appropriate ingredients for treatments provide a quick reference to address clients' needs. This enlarged second edition contains over 2,000 ingredients including 200 new and updated entries. Expanded information on antioxidants and their stability, new discussion on aging and sensitive skin, and function of SPF and new sunblock ingredients offering full spectrum sunscreen and sunblock for both UVA and UVB rays has been added. A complete glossary of terms found in the skin physiology section familiarizes readers with the terminology used by chemists, and an appendix cross-referencing Latin botanical names with commonly used names complete this reference.

## Book Information

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## Customer Reviews

An EXCEPTIONAL reference books / ingredient dictionary! Have you ever wondered what those ingredients in your cleanser or make-up REALLY were? Now you can find out. This comprehensive

book not only includes an extensive list of ingredients and their uses/definitions & more...(AN EXAMPLE: "linoleic acid (vitamin F) - an emulsifier. ...prevents dryness and roughness. A deficiency in linoleic acid in the skin is associated with symptoms similar to those characterizing in eczema, psoriasis and a generally poor skin condition. ...is an essential fatty acid found in a variety of plant oils, including soybean and sunflower." )...but the book also includes a chapter on skin types, conditions and appropriate ingredients for treatment that would provide a quick reference so address your (or your clients skin care needs), a thorough explanation of how chemicals and ingredients interact in cosmetics and more!! HIGHLY recommend this book to skin care professionals and beauty connoiseurs that want to know the "insider secrets".I will never go a day of work (as an aesthetician) without this book!

Let me tell you, this book is worth every dollar, do not be scared off by the price! Over 2,000 ingredients reviewed in an easy to comprehend way, you don't have to be an expert in chemistry to find out what exactly is in your favourite cream - effective ingredients or just pore-clogging chemicals, preservatives and irritants! There are also 3 chapters on skin physiology, product penetration and skin types and conditions. I would highly recommend this book for consumers, cosmetics sales people and estheticians.

As a former aesthetician and current president of a vitamin and nutritional company I am well accustomed to using chemical, pharmaceutical, and medical reference books for formulary research and scientific information. Most of these books are extremely technical and difficult to understand. Milady's Skin Care and Cosmetic Ingredients Dictionary is the exception. Milady offers one of the most comprehensive and easy-to-use guides to understanding what is in every bottle of cream or cosmetic item that you use. This book will allow you to make informed decisions about what skincare products to buy and most importantly what each ingredient REALLY does, along with any negative side-effects. Whenever we begin formulating a new product, we always consult "Milady."

The beauty business is wonderful, really it is. There are only a very few players that are truly dishonest when it comes to ingredients, for instance, "renaming" common ingredients. This book will help everyone keep it straight. As a beauty and lifestyle reporter, I keep it on my desk.

This is a very dry reference book. It is geared more towards cosmetology students and is also from 2001. I prefer A Consumer's Dictionary of Cosmetic Ingredients by Ruth Winter. It's a bit more

current, 2005, and more enjoyable to read.

I have very sensitive skin and I have allergic reactions to different products and moisturizers, so I want to research ingredients in some products that my skin may be reacting to. This dictionary is so comprehensive and has excellent information and easy to understand descriptions on ingredients and if they are considered toxic or not and if they may be reactive to many! Great book for anyone who adores beauty and skin care! Highly recommended!!

In addition to listing many standard ingredients, this book also lists botanicals which are listed by their English name with other common names listed right after. And they are cross-referenced. A very good brief review of skin physiology, function, components, structures and layers along with product penetration and testing and skin types and conditions enhance the book. Great for newbies or experienced skin care professionals.

This is a very good dictionary to have on hand. I would recommend this book for everyone! It has a section in the front so that you understand the skin, skin types & conditions, skin physiology, and product penetration. It has every ingredient for a-z. It is just a great, handy tool to have around to better help you and clients with the skin and products.

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